

# February Newsletter

## What's Been Happening at On Track

We are delighted to share some of the positive experiences our students have recently been engaging in at On Track, all designed to support their wellbeing, confidence, and personal development.

One of our latest exciting developments is our new sensory room, thoughtfully created by Emily, our SEMH specialist. This space has been carefully designed to support students with emotional regulation, sensory needs, and self-calming strategies. The room provides a safe, low-stimulus environment where students can take time to regulate their emotions, reduce anxiety, and feel supported. Having access to this space helps students return to learning feeling calmer, more focused, and ready to engage positively with their day.



We are also very pleased to share that Connor has completed his first session at Larkrise Community Farm. This experience offers valuable opportunities for hands-on learning, responsibility, and connection with nature. Farm sessions can be particularly beneficial for building confidence, resilience, and social skills, while also supporting emotional wellbeing. Being outdoors and engaging in meaningful tasks helps students develop a sense of achievement and independence in a calm, supportive setting.

In addition, our students have been taking part in music sessions, which provide a creative and expressive outlet. Music supports emotional expression, listening skills, coordination, and self-confidence. For many students, music is a powerful tool for communication, allowing them to express feelings and emotions that may be difficult to put into words. These sessions also encourage teamwork, taking turns, and positive interaction with others.



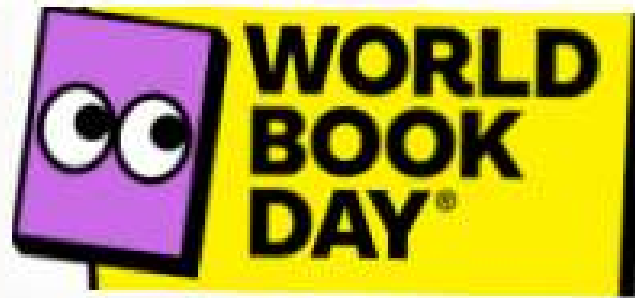
We were so lucky to welcome two Development Chefs from Griffiths Foods, James & Brad, into school for the day, delivering brilliant hands-on master classes for our students. Students focused on real industry skills, starting with portioning a whole chicken safely and professionally. They then used those skills to create an incredible full menu from scratch.




### Upcoming Dates and Events

- 5th March World Book Day- Parents welcome into school for a book swap, cake sale and chat
- 6th-15th March- Science Week
- Friday 27th March- End of Term 4, 14:45 finish
- Monday 13th April- Inset Day
- Tuesday 14th April- tart of Term 5, 9:15 Start
- Thursday 21st May- Year 8 HPV Vaccinations





**World Book Day at On Track  
Westbury   
Thursday 5th March 2026**

All parents and carers are invited to join us for a Book Swap and Tea & Cake Sale. If you have any age-appropriate books that you have finished reading, please bring them along (either yourself or with your child) to swap and enjoy. We look forward to seeing you!

All money raised will go towards new books for our library!

