



Dear Parents & Carers

Monday, 19th January is often referred to as "Blue Monday," traditionally considered the gloomiest day of the year. To shake off the winter chills and support the wellbeing of our school community, we are hosting a "**Beat the Blues**" day!

### **What's Happening?**

We are inviting all students and staff to wear something **brightly coloured**- any colour of the rainbow—pinks, yellows, greens, oranges, or reds—**anything except blue!**

### **A Little Extra Joy**

To make the day even brighter, there will be a **small treat** for every student during the day to say well done for their hard work and to keep those smiles glowing.

- **Date:** Monday, 19th January 2026
- **Wear:** Your brightest non-blue clothes (socks, jumpers, hair ribbons, or full outfits!)
- **Cost:** This is a free event just for fun—no donation is required.

Let's make our school the brightest place to be this Monday!

Warm regards

Rachel

Rachel Edwards  
Headteacher