



Mental Health and Wellbeing Vision Statement

At On Track Education, we are proud to be an inclusive, independent school for pupils aged 11-16, where emotional wellbeing and mental health are central to our ethos, practice, and ambition. As a Thrive School of Excellence and a trauma-informed setting, we believe that all young people – regardless of background, life experience, or need – deserve to feel safe, understood, and empowered to thrive.

Our vision is to create a school community where every student is supported to develop the emotional resilience, confidence, and self-belief they need to reach their full potential. We provide a nurturing and relational environment where pupils are guided by skilled, compassionate staff who understand that strong mental health is the foundation for lifelong learning, growth and success.

We recognise that for many of our students, the journey to success begins with healing. We embrace every learner with unconditional positive regard and tailor our support to meet their individual needs. Through the Thrive Approach, therapeutic teaching, and consistent trauma-informed practice, we build trusting relationships that enable students to re-engage with learning and life.

At On Track Education, we are a proactive and united team – every adult in our school community takes shared responsibility for putting wellbeing first. Mental health is embedded in every layer of school life, from curriculum design and classroom practice to staff development and leadership strategy. We actively raise awareness of mental health through ongoing education, open dialogue, and whole-school initiatives, equipping both students and staff with the tools they need to support themselves and one another.

We are committed to continuous reflection and improvement. As the world changes and our students' needs evolve, we will remain at the forefront of best practice in mental health education. Through ongoing training, collaboration with families and professionals, and listening closely to the voices of our young people, we will adapt, innovate, and advocate for what matters most – the wellbeing of our school community.

Our vision is to help our young people set ambitious goals, pursue their dreams, and believe in the power of their future. We prepare them to leave school not just with qualifications, but with confidence, emotional strength, and the ability to thrive in life.

